

# Bristol company introduces 'period leave' policy

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# Bristol company introduces 'period leave' policy

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A Bristol-based company has introduced a 'period policy' to allow female staff to work flexibly around their menstrual cycle.

Coexist, which employs 17 women and 7 men, have said that the policy is intended to "create a happier and healthier working

environment” and boost company productivity. Bex Baxter, the company’s director, said that the idea for the measures came from seeing female members of staff doubled over in pain and suffering in silence rather than feeling able to go home. Baxter stressed that the leave would be optional, so that women need not take time off if they do not want to.

The company is believed to be the first in the UK to introduce the measures, although such policies are already in place in Japan, South Korea, Taiwan and parts of China.

<http://www.hrgrapevine.com/markets/hr/article/2016-03-02-company-to-implement-period-leave-in-attempt-to-improve-productivity>

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